

ANATHEMA

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Free

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THE EDUCATION CRISIS OR THE CRISIS OF EDUCATION

The vibrant energy of youth flowed through the catechesis of government---beneath hierachal arches, along monoliths of state. They moved around city hall. I felt moved. But those old stalwarts of american protest tactics, the guided march and rhyming chants seemed to slowly diffuse the electricity. Still, there was something inspiring about the youth, mostly unchaperoned, taking to the streets and sidewalks.

I had heard of the approaching budget cuts, and proposed school closures, from various anticapitalists prior to the marches. While there has been a great deal of protest and revolt against rising university tuition costs across the world, we now see decreasing access to secondary education around the nation and, including here in Philadelphia. True, only 2 out of every 3 students are anticipated to graduate in the schools that have been maintained in Philly - and those numbers are of course lower for more disadvantaged students - but school may give students the option of moving beyond the potentially lethal street culture that is prevalent in this city. However, even among self-avowed radicals, I am only hearing propositions that conform to that basic doctrine of control: street life vs. graduation to menial labor vs. collegiate pursuits for slightly less menial employment. Certainly there are more options than that.

Largely, these avenues are unlikely to be apparent to much of the youth or their parents. And while many radicals, especially those involved in typified education, may feel an obligation to support reform for the sake of keeping open what have aptly been described as prisons (to deter more serious prison punishments), I hope they are also presenting alternatives.

No one tract through life is appropriate for everyone, in fact there are far more than I could ever imagine. Still, as should be obvious to any anticapitalist, there is potential for many more tracts than the

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POLICE, BRUTALITY, RESISTANCE

Askia Sabur was finally acquitted from assaulting a Philadelphia cop. The charges, stemming from when he was beaten nearly to death more than 2 years ago, were cleared this past February. His defense attorneys proposed that such a verdict would send a message that it's not okay for police to treat people like this, but as there were no serious consequences for the officers who detained, beat, arrested Sabur and lied to the court about the incident, there may be room for argument.

Several days later, Officer Jonathan Josey was found not-guilty off simple assault when he struck a woman in the face at the Puerto Rican Day parade in Philadelphia last summer. John McGrody, a vice president in the Philadelphia police officers' union (the Fraternal Order of Police), says they are confident that Josey will ultimately be back on the job. Judge Patrick Dugan, who made the ruling, is married to a police officer and endorsed by the FOP, incidentally.

Police violence has in recent years been overshadowed by persistent corruption and

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FORMER ELF PRISONER DANIEL MCGOWAN REIMPRISONED/RELEASED

On April 8, 2013 attorneys for activist Daniel McGowan at the Center for Constitutional Rights released the following update on his situation:

Daniel McGowan is back at the halfway house where he has been residing after a week that was by turns difficult, disturbing and ridiculous. To recap: on Monday, April 1, Daniel published an opinion piece on the Huffington Post titled "Court Documents Prove I Was Sent to Communication Management Units (CMU) for My Political Speech." On Thursday, April 4, Daniel was picked up by U.S. Marshals from the halfway house and taken into custody at Metropolitan Detention Center in Brooklyn. He was issued an "incident report"

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black market capitalism of the streets vs. the legitimized capitalism of the workforce. There is likely to be a range of conformity no matter what the choice, but it is the duty of radicals to at least present those nonconformist choices. Whether its decentralized education through self-teaching, teenage liberation, unschooling, *actual* free schools, etcetera; while still preserving the opportunities to pursue higher education beyond them for the stumbling pragmatist. And what of autonomous neighborhoods, self-sustaining communes, or attacks on every social/psychological/moral/physical prison that restrains us? What of the freely wandering vagabond?

Are the *DHS anarchists* (as one internet commenter aptly called them) so afraid of individual self-realization? So fearful of a lack of social control?

Time and again schools are compared to prisons based on their outward appearances, their inner security, their mental impositions, and ultimately their smothering of dreams. Is the irony in anyway palpable to those condemning *the school to prison pipeline*? There are books written on the genocidal impact of colonizer schools for indigenous populations (such as the residential schools for native americans in *Kill the Indian, Save the Man*); films on the socialization of girls in school into prescribed "gender-norms" (as in the early 70's documentary *Growing Up Female*) essays written by students on the social control imposed daily by so many administrators, educators, and even their pupils (i.e. "School, Often Compared to a Prison" from *Fire To The Prisons* #11); even a local corporate news affiliate points out the similarities: "They walk into schools that look like prisons, with metal detectors and school police, flat fluorescent lights and darkened corridors."

Ultimately it should be obvious that state-funded education is controlled by the state. As such, renowned, privately-funded education is often controlled by the economic elite. Never mind the orwellian, off site monitoring of students through cameras on school-provided laptops in their homes, and social networking sites that result in punishment of students acting entirely outside of and unrelated to any academic endeavors that have occurred. Nor the conformity to a society based on capitalism, patriarchy, white supremacy, etcetera, that is strived for in an education based on memorization of equations, theories, and supposed facts.

Crisis may very well be a means of governing, however, when it shows its inability to provide for its population it can prove a greater opportunity for subversion. A free world does not subsume indoctrinated followers, nor their leaders, but liberated thinkers defined by their actions. Within ourselves, let's not strive for academia, nor lowly social service/non-profit/community activist drudgery, but freedom in praxis. Toward the realization of ideas more than the proliferation of any theory.

This is, of course, not addressed to those who prefer to be led like dogs by a master, but the road less taken is not just in a yellow wood. There are infinite paths through forest and field, among mountaintops and beneath cobblestone. ★

NYC ANARCHO'S STATEMENT PRIOR TO IMPRISONMENT DURING ANOTHER WITCH HUNT

My name is Gerald Koch and I have been subpoenaed to a federal grand jury based in the Southern District of New York regarding the 2008 Times Square Military Recruitment Center bombing. This is my second subpoena concerning this matter; I was also subpoenaed in June of 2009. I refused to testify at that time based on the assertion of my First, Fourth, Fifth, and Sixth Amendment rights, as I will be doing again for the duration of this grand jury. During the first grand jury, the government

informed my lawyers that it was believed that I was at a bar in 2008 or 2009 where a patron indicated knowledge of who had committed the bombing. When I was first subpoenaed to the grand jury in 2009 I had no recollection of any such incident—a fact that I expressed publicly. Now, almost 4 years later, I still do not recall the alleged situation.

Given that I publicly made clear that I had no knowledge of this alleged event in 2009, the fact that I

am being subpoenaed once again suggests that the FBI does not actually believe that I possess any information about the 2008 bombing, but rather that they are engaged in a 'fishing expedition' to gain information concerning my personal beliefs and political associations.

Over the past few decades, the FBI has demonstrated a consistent pattern of harassment and illegal surveillance of anarchists and other radicals not
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Lighting the fuse of subversion

Stirring up the insurgent fire of social war beneath the prison walls

The Prison is the circumstantial or possible destiny of all persons who take control of their lives, navigating the path of emancipation which runs counter to a capitalist normality that imposes the routine of the citizen, that obligates one to waged work, to a study that validates a bourgeois system of education, and to staying within the parameters of the judicial order that capital imposes on us.

Prison is the place that democracy offers you as a space that crystallizes normalized submission. Here ends, begins, and passes everyone who in one way or another does not submit and transgresses the wealthy's social peace.

The one who commits crime, he who protests, she who attacks, she who conspires, those who in various choices and decisions do not respect the judicial order find ourselves with the repressive hand of everything: a framework of repression, control and punishment.

I have repeated it one and a thousand times: in all the world's prisons, over 90% of the people locked up come from the exploited class. We are oppressed, and upon rebelling we inevitably become subversives when we decide to cease going through life as slaves.

In Chile if you are born poor you are born condemned, destined to one of the country's 91 prisons. Places that are controlled with the goal of extermination, where the highly-designated modules, floors and wings function daily with murder face to face with social complacency ignoring, sanitizing and naturalizing a daily routine that assumes the prisoner's punishment as normal.

Today the prison is also seen as a business for the production of services in which the prisoners are seen as obligatory users of a contradiction belonging to a sick society that assumes that this is the way for those who do not respect its law.

It is important to understand that no one is free in a society which is the dictatorship of commerce, the democracy of capital, a society of classes, that only by rebelling will we be able to demolish all the centers of extermination ever built down to their last foundations.

Likewise there is no anti-prison struggle without a specific understanding of its daily situations of tension, without communication with the prisoners-in-struggle, therefore it is a permanent challenge to break the isolation, to make cracks in the dense walls of confinement, and to learn that it is vital to strengthen bonds on all spheres, especially those of subversive prisoners at against against the whole existent.

It is about breaking the fear and indifference; committed solidarity is an individual and collective exigency for demolishing that comfortable and self-complacent position of believing that our struggle is temporal and not a proud life choice that many have now taken up for a very long time in complete consistency with our actions.

Multiplying all kinds of actions, deeds, gestures and initiatives is a necessity of combat against the State-prison-capital, it is what motivates us, independent of any limitation.

To insist until infinity on the seeking of our freedom is to strike with dignity and without fear to the deepest foundations of our rotten society... that these words are not carried off by the wind, that they are transformed into deeds...

Open your eyes: it's time to fight!!
Against the State-prison-capital: social war!!
While there is misery there will be Rebellion!!

Marcelo Villarroel Sepúlveda
Libertarian Prisoner
December 14, 2012
Module 2-H North. CAS-STGO Chile

indicating that his Huffington Post blog post violated a BOP regulation prohibiting inmates from “publishing under a byline.” The BOP regulation in question was declared unconstitutional by a federal court in 2007, and eliminated by the BOP in 2010. On Friday, April 5, after we brought Daniel’s unjust detention to the BOP’s attention, he was released from MDC, and the incident report was expunged.

That same day, Daniel was provided with a list of prohibited activities by halfway house staff, which he was required to sign. The list forbids him any media contact without BOP approval, though BOP regulations only require preapproval of in-facility interviews. It also prohibits him from publishing any writing of his own without prior BOP permission. As far as we know, this is a made-up rule applied only to Daniel, in a further attempt to chill his freedom of speech.

McGowan, who was released from prison in December and is serving out the last six months of his sentence at a halfway house, is a plaintiff in a Center for Constitutional Rights lawsuit, *Aref v. Holder*, challenging the constitutionality of the federal Bureau of Prisons (BOP) experimental Communications Management Units (CMUs) where he was kept for four years. New documents uncovered in the case indicate he was placed in these highly restrictive experimental units as retaliation for his political writings on current events and issues while he was in prison.

Aref v. Holder challenges the violation of prisoners’ fundamental constitutional rights, including the right to due process. Attorneys say that because transfer to CMUs are not based on facts or discipline for infractions, a pattern of religious and political discrimination and retaliation for prisoners’ lawful advocacy has emerged. Daniel McGowan recently amended the complaint to include claims of retaliation for First Amendment protected speech.★

Anarchists Respond to Police Killing of Dogs

anarchistnews.org

On the night of April 25 police killed two dogs on 48th street between osage and pine. We painted anti-police slogans at the site of the killings. We hold nothing but contempt for those who choose to be police and for those who abuse animals. Fuck the police! -anarchists

Graffiti reads: circle A, fuck the police, stop the killings

During the night of Sunday, February 11th, lonely, I strolled the streets of Paris. After applying a few shots of super glue to the supermarket on the corner, being a spirit in pain, I began searching for joy. Fifteen or so ATMs on Belleville Street found themselves unable to operate due to the glue in their card slots.

Because even all alone, with an umbrella and a little glue, one can act.

Because the targets are everywhere and to remain passive disgusts me.

Because of the imprisoned Rohanne, Marco, Mike, Ibrahim and hundreds of other rebels kept behind bars.

Because money is one of the nodes of the problem.

Because!

Sabotage this world!

Glue-sans-associés mais-plus-si-affinités
Paris, France

(NYC Witch Hunt)

across the country. Throughout this time, federal grand juries (incredibly secretive proceedings that do not permit one’s lawyers to be present) have played a significant role; a federal grand jury is authorized to ask questions about anything and anyone, and often the declared intention is simply a mask to disguise the actual goal of acquiring information for use in other politically motivated cases. It is my belief that these two federal grand juries—despite the pretense of investigation into the 2008 bombing—are actually being used to gain information about my friends, loved ones, and activists for whom I have done legal support. By declining to testify, I refuse to be coerced into participating in a political witch-hunt that eerily recalls those of the McCarthy era Red Scare.

I again assert that I have no knowledge of who is responsible for the 2008 Times Square Military Recruitment Center bombing, and I will once again refuse to testify to the federal grand jury in ethical resistance to participation in a fruitless exercise of fear-mongering and government intimidation. My decision to stay silent in defense of individual agency will most likely result in incarceration for a period up to 18 months. I accept this recompense, understanding that in doing so I will reinforce a tradition of defending individual rights in the face of state repression.

Argentina: Communiqué for bombing of prison office and arsons of police and bourgeois cars from viva la anarquia, translated by war on society

At the same time that we are attacking the police, they are carrying out their habitual tasks, harassing and humiliating street people who don't have a roof to sleep under or beating a prisoner who refuses to remain obedient to the guards' orders. In Argentina, we know well that they torture, that the police torture in all of the prisons they have at their disposal. And as is police custom, they always pick out the weakest, the most defenseless.

Laura Maria Acosta and Cecilia Hidalgo remain in our memory as a recent murder by the federal penitentiary regime, as well as all those who are murdered by the police and the guards inside and outside of the prisons.

On Sunday 12/30/2012 at 3:50 AM, we made a bomb explode in the main entrance of the National Office of the Argentina Federal Penitentiary Service (SPF) at 2705 Lavalle street near Pueyrredon Avenue. The explosion caused destruction to the front of the building, but unfortunately none of the prison guards were wounded. The press reported that the device was set off [in a controlled explosion] by the police following the alert from the SPF guards concerning the presence of a suspicious package, and that it was thrown from a moving vehicle—all lies.

There was nobody guarding the place and therefore the explosion surprised all the executioners who were there.

Now you have been warned: your very existence will be attacked by those who love freedom, because we will go even to the doors of your houses and if we can we will also enter into them so that our fire will burn you completely, and we'll see if you really are as brave as you are around unarmed prisoners.

We dedicate this attack to all the anarchist prisoners in the world and we complicitly salute all those who fight inside and outside of the prison walls.

We also take responsibility for the incendiary attacks on the 27th Precinct of the Argentina Federal Police, the vehicle belonging to the 51st Precinct, the Mercedes Benz in Belgrano neighborhood, and the police car belonging to the Metropolitan Police in the de Saavedra neighborhood.

L'aptitude de l'étudiant à faire un militant de tout acabit en dit long sur son impuissance.

—Les filles enragées.

The student's susceptibility to recruitment as a militant for any cause is a sufficient demonstration of his real impotence.
(enragé women)

The revolutionary is the ultimate illegalist.

The person whose actions always conform to the law will be, in the best of circumstances, a well-domesticated beast, never a revolutionary.

Law conserves; revolution regenerates.

If one wants change, it is thus necessary to start by breaking the law.

To claim that revolution can be made while respecting the law is an aberration, a contradiction. The law is a yoke and anyone who wants to be free has to break it.

Anyone who deceives the workers with the emancipation of the proletariat through legal means is a swindler, since the law forbids snatching wealth from the hands of the masters that robbed us. Their expropriation to the benefit of all is the essential condition for the emancipation of humanity.

The law is a brake and we don't free ourselves with brakes.

Every freedom that humanity has conquered has been the work of illegalists who have mastered laws in order to smash them to bits.

Tyrants die, stabbed, and no article of the legal code could have gotten rid of them.

Expropriation can only come about by breaking the law, certainly not by submitting to it.

This is the real reason why if we want to be revolutionaries, we have to be illegalists. It is necessary to get off the beaten paths and open new paths to transgression.

Rebellion and legality are irreconcilable. Leave law and order to conservatives and hucksters.

from Machete #1

WHAT DO WE CARE, MY HEART

By Arthur Rimbaud

*What do we care, my heart, for streams of blood
And fire, a thousand murders, endless screams
Of anger, sobs of hell, order destroyed in a flood
Of fire, as over all the North Wind streams:*

Vengeance entire? Nothing! Still we aspire!

*Industrialists, Princes, Senates, perish! This we desire!
Power, Justice, History, fall! Down with the old!
You owe us that. Blood! Blood! And flames of gold!*

*Dream on of war, of vengeances and terrors,
My soul! Though we writhe in these teeth: Ah! Fall,
Republics of this world! Emperors,
Regiments, Colonies, Nations, all!*

*Who will stir up whirlwinds of furious flame
If we do not, and those who we call brothers?
Join us, Romantic friends! Forget all others!
And never will we work, O tides of flame!*

*Europe, Asia, America, vanish!
Our avenging advance has ravished and sacked
Towns and countryside! We will be punished!
Volcanoes will explode! And Ocean attacked...*

*Oh, friends! My heart is certain they are brothers:
Dark strangers, suppose we begin! Let's go, let's go!
Disaster! I tremble, the old earth upon me,
and yours, ah, more and more! The earth dissolves.*

It's nothing; I'm here -- I'm still here.

UPENN ANIMAL EXPERIMENTATION

Animal Rights protesters gathered outside of the biggest animal rights abusing university in late April, calling attention to their exceptional violations of the Animal Welfare Act. Whether it's castrating pigs without anesthesia to improve agriculture, monitoring the brain waves of primates during food and sleep deprivations, or other callous torture of the imprisoned animals, UPENN is notable in its abuses and failures.

Previously raided by the Animal Liberation Front nearly 20 years ago, PENN was brought to the forefront of criticism as its own videos were stolen and released showing the violent head trauma visited upon primates in their lab systematically.

(Police, Brutality, Resistance from front page)
wrongdoing scandals, says the City Paper, often uncovered by the Daily News: narcotics officers allegedly fabricating evidence and robbing convenience stores in a 2010 investigation, a dysfunctional Firearms Identification Unit in 2011, the promotion of top brass who've faced repeated allegations of sexual misconduct in 2012 and another narcotics-squad scandal this year.

While there seems to be little in the way of responses to the unaccountable police here, people seem to be spending more time on their feet elsewhere. On the International Day Against Police (Brutality) on March 15th, there were a few large actions other places on the continent.

In Montreal, hours before the demo was to start, the whole downtown area was swarming with cops of all sorts. Two people were arrested during the afternoon on warrants. As the day went by, cops started to check some peoples bags on the street and in the metro and then started arresting people at the gathering point for carrying sticks (flags) or covering their faces (and it was actually a very cold day). Several banners and signs were confiscated. Lines of cops blocked streets around the gathering area, making it difficult for people to make it there. As tension rose, a scuffle broke out between the crowd and the cops, and one of the bastards apparently got his teeth knocked out. The pigs broke out the usual loudspeaker "this is an illegal demonstration blablabla", as soon as the several hundreds of people that had gathered set foot onto the street, the riot cops and cavalry started dispersal maneuvers, batons and stun grenades followed. The crowd broke into several parts (one group being pushed right into the arms of provincial riot cops who stormed out of a building), marching in several directions and people started getting kettled for mass arrests and some windows got smashed. In the end, all sorts of people were beaten by police and more than 250 were arrested.

In Oakland a small group of anarchists that numbered around two or three dozen took the streets, with black flags and banners that read "FIGHT B(A)CK" and "Anti-Capitalist Anti-Police." Marching south on Broadway, chanting "Anticapitalista," "No Justice No Peace Fuck the Police," and "All Cops Are Bastards ACAB." They made their way down to the OPD station at 7th & Broadway, where they confronted approximately ten riot police. The cops appeared to be on the defensive, so after a few minutes they made their way north where "FTP" was written with

impressively large font across a Chase bank, and some of it's windows were broken. Multiple ATMs were vandalized, Oakland Tribune had some of it's windows shattered. Union Bank had it's front door smashed, Some windows on the Bank of California were broken. "But this is an incomplete list of actions we're sure." As they passed the park at 19th & Telegraph, they decided it was a good time to disperse as many police cars were speeding around the area. There were no arrests.

In Portland, Oregon they were quick to get under way with 75 people 15 minutes ahead of schedule. While there was little action to report, they recorded a lot of vocal support from bars and passing cars as they marched around chanting, "'Police are the army of rich", "Portland, Cairo, Greece, Fuck the Police", "Fuck These Cops we don't need them, what we want is total freedom".

Back in Philadelphia we see the weekly City Paper doing a series on violent police conduct, including exposing numerous officers by name in the article "Why is Eric Burke Still a Cop?". We also see the ACLU investigating the funding and military weaponization of the philadelphia police, suing over the arrest of someone video taping the philadelphia police during an altercation, and confirming their fears that Philadelphia cops are still misusing 'Stop and Frisk' procedures. And then there's Joshua Albert Scott, the blogger who made a social media support page for two alleged cop killers last year, and has subsequently been incarcerated since last fall, awaiting trial. Facing many years in prison and with bail set at \$300,000, it seems a long road ahead for him.

Some say that routinized violence is taken for granted by cops in the outlying areas of Philadelphia, such as anthropologist Phillip Bourgois in the City Paper article. In reality, however, it is obvious that routinized violence is a part of policing. In fact, laws are only maintained through threat of violence to non-conformists, no matter how inane they may be, from the very initial potential for force by the officer to the sentence of the judge.

Of course, many police know where to refrain from the more obvious actions - as one cop said outside of a 7-11 in center city, they preferred working elsewhere as it's easier to get away with things. An honest and foreboding admission, who's logic is catching up to the Internal Affairs office, where one of the highest ranking officers in the force is facing outside investigation over sexual harassment

charges. In all, though, it's more of the same. And all the work of journalists, activists, and terrible excuses for satirists won't really do much about it.

Most people already know they are against the police, having seen the reactions to anti-police demonstrations the nation-over in recent years (perhaps some of the best documentation occurring in Seattle over the last 2 years, where valiant efforts to expand resistance beyond police accountability to police obliteration occurred). Violence is an endemic part of it all, whether perceived in the logic of racism, patriarchy, or any other manner. It is not the abuse of authority, after all, but authority itself. As such, it is manifested in such a way that only a physical confrontation can deter their violent command.

When force prevails upon the bowels of this foul worm, tearing at it's tattered armor and spilling its decaying entrails, is when police (and any other apologist speaking in terms of exceptions) may begin to fear repercussions. Otherwise, their logic continues to run the course of Officers Kenneth Fleming and Jean Langan bursting into a court room, punching a court officer in the face, and shouting, "You can't do anything to us. We're fucking cops!" ★

SOME LOCAL BANK ROBBERIES

3/11/13, 12:20pm Republic Bank branch at 1818 Market Street, showed the teller a demand note and fled on foot, heading west on Market Street with an undisclosed amount of cash.

3/21/13, 10:45am One man allegedly attempted robbing a Bank of America branch in Lawncrest using a demand note 35 minutes before successfully robbing a Citizen's Bank branch on Frankford Ave. in the same manner.

3/30/13, 8:30am With a cloth bag over their head and eye holes cut out, walked into a PNC Bank in Ambler just after opening armed with a pistol. They ordered everyone down and put an undisclosed amount of cash into a bag, leaving without incident.

4/19/13. 11:10am an unknown female entered the bank and handed a teller a threatening demand note. After getting a hold of an undisclosed amount of money the suspect fled. She was last seen on the 5200 block of Ludlow Street

4/22/13 A citizen's bank was successfully robbed after an attempt at a PNC bank two days prior. A threatening note was slipped to tellers in both instances.

TEN TIPS FOR HOW TO STOP WORKING

1. Want to stop. Make use of everything that can strengthen your desire: slavery, a lack of excitement, and a wage are dangers to the health of all, and particularly to creativity.
2. Stop completely. Because the worker increases his or her dose of work with the slightest desire to consume, half-measures are ineffective. Experience shows that it is easier to stop abruptly all at once, rather than progressively.
3. Choose the right moment. Preferably right away. The present period, with its living conditions of interchangeable misery, is particularly favorable. Following a holiday, when the need often disappears spontaneously, you can decide not to start again.
4. Immerse yourself in a favorable atmosphere. Stopping at the same time as the person you are living with, friends or work colleagues and helping each other psychologically is effective. Often, at the same time, this permits not living in an atmosphere of fear (one to be avoided to the utmost during work detoxification). Making the people that you know aware that you're stopping can be of help.
5. Get rid of temptation. Make work and its accessories (car, television, alarm clock) vanish from your environment. No longer wear a watch or have a clock at home. Avoid getting into situations where you are used to occupying spare time with your preferred activities (puttering, dull reading material, films, shopping). Avoid public transport and certain festivities, such as political meetings, during which docile renunciation is habitual.
6. Influence your conscious and unconscious mind by affirming your decision to stop working and by insisting positively on the expected benefits. Do not hesitate to repeat out loud several times each day, "I choose to stop working and my health is improving every day," or any other positive formula of your choice.
7. Breathe deeply in order to relax and to feed oxygen to your nervous system. Nerve cells, in effect, consume four times as much oxygen as the cells of the rest of the body, meaning that they are particularly damaged by a lack of air. Breathe deeply three or four times, slowly and emptying your lungs properly, the moment you feel the need to breathe. Departures and changes of atmosphere are highly recommended.
8. Refuse all improvements in order to keep your sights fixed on nothing but the totality. Don't beat around the bush. Pump in the enthusiasm, especially the first days. Look for stimulants (breaking free from all social restraints) and heavy, convoluted arguments with your ex-bosses. Drink between meals in order to activate the elimination of moroseness. Give priority to the healthiest activities – the ones you participate in directly – and to natural, vital needs which are rich in pleasure (love) and to full moments which are rich in satisfaction (departures, parties). To avoid nervousness, which frequently occurs during proletarian detoxification, naps are important. Certain subversive readings can be added to respond to the particularly important need to destroy the system during the detoxification cure. Reduce stress, fear and hesitation in order to avoid losing weight.
9. Get enough sleep. Because the hours when everything is possible are those after midnight, go to bed late.
10. Get the most radical ideas and what goes beyond them flowing in order to fight uncertainty, which occurs frequently when wage labor ceases.

And if you wish to remain successful, always be sure to refuse the first job offer.

From Machete #1

"To choose to be an anarchist is to choose to create one's life in a certain direction. It is the development of a projectuality toward freedom, self-determination, the expansion of possibilities. Such a projectuality develops itself in action, but not the action of the activist, the politician, but action that flows from one's life and back into it. What distinguishes the anarchist revolutionary from a political activist is the way in which the person, the comrade who carries out these actions, succeeds in making them an expressive moment of their lives, a specific characterization, meaningfulness, quality of life, joy, desire, beauty. What is absent from the actions of those who start and end with their own life, their own individuality, their own projectuality is calculation, the quantitative point of view, because it is a quality of life toward which the anarchist projects, a fullness of life opposed to the flattening this society imposes. If our solidarity with certain actions is critical, it is because we can see calculation creeping in. If we reject all cooperation with the media, it is because this power structure forces those who choose to participate in its activity to measure their words, draining them of substance, of energy of the force that refuses all compromise. Our actions create our lives and relations; for a life without measure, we must act without measure."